

## 2024 Run Rabbit Run 100 Mile

Aid Stations, Mileage, Crews and Cutoffs

#	Aid Station	Miles	Total Miles	Elevation	Drop Bag	Crew/Pacer	Lead Male Hare 18:00 hour pace	Lead Female Hare 21:00 hour Pace	Tortoise 24 hour pace	Tortoise 30 hour pace	Tortoise 36 hour pace	Absolute Cut off
	Start	0	0	6886	Yes	Yes/No	1pm	1pm	9:00am	9:00am	9:00am	
1	Mount Werner	5.3	5.3	10372	No	No/No	2:00pm	2:10pm	10:20am	10:40 am	11:00am	3:30pm
2	Fish Creek Falls TH**	10.8	16.1	6952	No	Yes/No	3:45pm	4:15pm	12:45p	1:15pm	1:30pm	5:00pm (Tortoises) 6:30pm (Hares)
3	Long Lake	6.1	22.2	9850	No	No/No	5:15pm	6:00pm	2:45pm	4:15pm	5:30pm	
4	Summit Lake (via Continental Divide)	5.4	27.6	10316	Yes	No/No	7:00pm	8:00pm	5:15pm	6:45pm	9:00pm	
5	Billy's Rabbit Hole*	4.4	32.0	10040	No	No/No						
6	Dry Lake (via Flash of Gold)***	10.3	42.5	8272	No	Yes/Yes	8:30pm	9:40pm	7:00pm	9:15pm	Midnight	
7	Olympian Hall	6.7	49.2	6669	Yes	Yes/Yes	9:15pm	10:30pm	8:00pm	10:30pm	1:30am	3:00am
8	Lane of Pain*	3.2	52.4	8180	No	No/No						
9	Lane of Pain*	4.1	56.5	8180	No	No/No						
10	Olympian Hall	6.5	63.0	6669	Yes	Yes/Yes	11:10pm	1:30am	11:15pm	2:00am	6:00am	8:00am
11	Dry Lake (via Spring Creek)***	6.7	69.7	8272	No	Yes/Yes	1:20am	3:00am	12:50am	3:50am	9:30am	10:30am

Last Updated: 18 March 2024



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12	Billy's Rabbit Hole*	5.9	75.6	10040	No	No/No						
13	Summit Lake (via Grouse Trail)	4.5	80.1	10316	Yes	No/No	3:30am	5:45am	4:20am	8:00am	1:50pm	3:00pm
14	Long Lake (via Wyoming Trail)	8.7	888	9850	No	No/No	5:00am	7:40am	6:20am	10:40am	5:00pm	6:30pm
15	Mount Werner	6.4	95.2	10372	No	No/No	6:15am	9;10am	8:00am	1:40pm	7:30pm	8:00pm
16	Finish	6.4	101.6	6886	Yes	Yes	7:00am	10:00am	9:00am	3:00pm	9:00pm	7:00pm (Hares) 9:00pm (Tortoises)

<sup>\*</sup> May only be minimal aid. NO CREW ACCESS; NO VEHICLES ON BUFFALO PASS ROAD!

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<sup>\*\*</sup> NO CREW PARKING OR ACCESS BY VEHICLE, NO CREW VEHICLES ON FISH CREEK FALLS ROAD; CREW ACCESS ONLY VIA FOOT OR BICYCLE (4 MILES FROM OLYMPIAN HALL).

<sup>\*\*\*</sup> NO CREW PARKING; CREW SHOULD DROP OFF/PICK UP PACERS OR CREW AND CARPOOL; CREW MAY NOT DRIVE ON BUFFALO PASS ROAD ABOVE DRY LAKE.