



2016 Run Rabbit Run 100 Mile

Aid Stations, Mileage, Crews and Cutoffs

#	Aid Station	Miles	Total Miles	Elev.	Drop Bag	Crew/ Pacer	Lead Male Hare 18:00 hr pace	Lead Female Hare 21:00 hr Pace	Tortoise 24 hr pace	Tortoise 30 hr pace	Tortoise 36 hr pace	Absolute Cut off
	Start	0	0	6886	Yes	Yes/No	Noon	Noon	8:00am	8:00am	8:00am	-
1	Mount Werner	4.4	4.4	10372	No	No/No	1:00pm	1:10pm	9:20am	9:40 am	10:00am	-
2	Long Lake	6.4	10.8	9850	Yes	No/No	2:00pm	2:20pm	10:40am	11:20am	12:00pm	-
3	Fish Creek Falls TH*	6.1	16.9	6952	No	Yes/Yes	3:00pm	3:30pm	Noon	1:00pm	2:00pm	-
4	Olympian Hall	4.0	20.9	6669	Yes	Yes/No	3:30pm	4:10pm	12:40pm	1:50pm	3:00pm	4:30pm (Tortoises) 6:00pm (Hares)
5	Cow Creek	8.5	29.4	6815	Yes	Yes/No	5:00pm	5:50pm	2:40pm	4:20pm	6:00pm	9:00pm (all)
6	Olympian Hall	12.2	41.6	6669	Yes	Yes/Yes	7:00pm	8:10pm	5:20pm	7:40pm	10:00pm	12:30am
7	Fish Creek Falls TH*	4.0	45.6	6952	No	Yes/Yes	7:45pm	9:00pm	6:20pm	8:55pm	11:30pm	
8	Long Lake (via Fish Creek)	6.1	51.7	9850	Yes	No/No	9:15pm	10:40pm	8:20pm	10:25pm	2:30am	-
9	Summit Lake (via Divide Rd)	5.4	57.1	10316	Yes	No/No	10:15pm	11:50pm	9:40pm	12:05am	4:30am	-
10	Dry Lake***	7.7	64.8	8272	No	Yes/Yes	11:15pm	1:00am	11:00pm	1:45am	6:30am	8:30am
11	Spring Creek Ponds**	4.5	69.3	6800	Yes	Yes/Yes**	Midnight	2:00am	Midnight	3:00am	8:00am	9:30am
12	Dry Lake***	4.5	73.8	8272	No	Yes/Yes	1:00am	3:15am	1:20am	4:40am	10:00am	11:00am
13	Summit Lake (via Buff Pass)	7.7	81.5	10316	Yes	No/No	2:30am	5:00am	3:20am	7:10am	1:00pm	2:00pm
14	Long Lake (via Wyoming Trail)	8.6	90.1	9850	Yes	No/No	4:00am	6:45am	5:20am	9:40am	4:00pm	5:30pm
15	Mount Werner	6.4	96.5	10372	No	No/No	5:15am	8:10am	7:00am	12:40pm	6:30pm	7:30pm
16	Finish	6.4	102.9	6886	Yes	Yes	6:00am	9:00am	8:00am	2:00pm	8:00pm	8:00pm

* May only be minimal aid, water only. NO CREW PARKING! Shuttle to and from the Trailhead may be picked up at Olympian Hall Aid Station.

** No vehicle access; approximately 1 mile hike from the high school and parking to Spring Creek Ponds Aid Station.

*** NO CREW PARKING! Shuttle to and from Dry Lake may be taken from Olympian Hall Aid Station.